

“Hello Everyone, my name is Alys. Welcome to my video. Today I am going to be teaching you how to make a peanut butter and jelly sandwich”. A peanut butter and jelly sandwich is a quick, healthy, and filling snack that is so easy to make.”

“First, here is a list of all the ingredients you will need to make your own peanut butter and jelly sandwich. So first you will need 2 pieces of bread, you’ll need a jar of peanut butter, you’ll need some jam, you’ll need a butter knife, and you’ll need a plate. You can use any type of bread you like, any type of peanut butter you like, and any type of jam you like.”

“Our first step of making a peanut butter and jelly sandwich is going to be washing our hands. We always want to start the cooking process off with clean hands. Washing your hands ensures your food stays germ free.”

“Our second step is to gather all of our ingredients and put them on a clean cooking surface. So we have 2 pieces of bread, our peanut butter, our jam, our butter knife, and our plate. We are finally ready to assemble.”

“We are going to start by grabbing our two pieces of bread and laying them side by side each other on a flat surface”

“Next you want to grab your butter knife and scoop it into your peanut butter. Make sure to get a pretty good [sized] scoop. Maybe about that much, and spread it on one side of your bread. So we’ll pick up our bread, put it [the knife] down, and we’ll spread it evenly around the bread. It does not need to look pretty! And there we have it. We will place that down”

“If you only have one butter knife, make sure to give it a nice rinse in the sink so that it’s ready to use for our jam - or, you could use two butter knives.”

“Im choosing to use the same butter knife, so I am going to give this a quick rinse in the sink”

“Now that we have a clean butter knife we are going to repeat that same process we did with the peanut butter on the other side of the bread and with the jelly. So we are going to reach the knife in, get a big scoop of jelly, and we are going to put it and spread it evenly on this side. I personally like more jelly, but you can make it however you would like. Looks pretty good to me! That’s our jelly side.”

“Now it’s time to put our two pieces together to make a sandwich. So, I am going to grab my peanut butter side and place it over top of the jelly side. Like this.”

“For our next step we are going to cut our sandwich. There’s a couple different ways you can cut your sandwich but my personal favorite way is diagonal.”

“So here we’ve just cut our bread diagonally and now we have 2 halves.”

“And your sandwich is now ready to enjoy!”

“So there you have it, your peanut butter and jelly is now ready to be made. I hope everyone is able to follow this tutorial and make themselves a really tasty treat of a peanut butter and jelly sandwich. Thanks for following along, bye!”